

GUEST LECTURE ON TRADITIONAL RICE VARIETIES AT PROF. DHANAPALAN COLLEGE OF SCIENCE AND MANAGEMENT

On **1st September 2025**, the **Department of Nutrition and Dietetics** at Prof. Dhanapalan College of Science and Management, invited the **Centre for Indian Knowledge Systems (CIKS)** to deliver a guest lecture on the topic "*Traditional Rice Varieties: A Legacy of Nutrition and Wellness*." The session was conducted on behalf of CIKS by **Ms. Janani.S** and **Ms. Pindukuru Sruthi**.

The lecture was held from **10:30 AM to 12:35 PM** and was attended by around 40 students, the Head of the Department, and two faculty members. Over the course of two hours, we discussed the **nutritive properties of diverse traditional rice varieties**, their **agronomical traits that contribute to climate resilience**, and the **importance of sustainable agriculture in the Indian context**. We also highlighted the **conservation practices followed at CIKS**, which have been instrumental in safeguarding traditional rice varieties for future generations.

The session concluded with an **interactive session**, where students actively participated and raised thoughtful questions. The college expressed its appreciation by presenting a **memento**. This lecture provided a valuable platform to create awareness among students on the significance of traditional rice varieties and the broader aspects of sustainable agriculture.



