

## GUEST LECTURE ON TRADITIONAL RICE VARIETIES AT PROF. DHANAPALAN COLLEGE OF SCIENCE AND MANAGEMENT

On 1st September 2025, the Department of Nutrition and Dietetics at Prof. Dhanapalan College of Science and Management, invited the Centre for Indian Knowledge Systems (CIKS) to deliver a guest lecture on the topic *"Traditional Rice Varieties: A Legacy of Nutrition and Wellness."* The session was conducted on behalf of CIKS by **Ms. Janani.S** and **Ms. Pindukuru Sruthi**.

The lecture was held from **10:30 AM to 12:35 PM** and was attended by around 40 students, the Head of the Department, and two faculty members. Over the course of two hours, we discussed the **nutritive properties of diverse traditional rice varieties**, their **agronomical traits that contribute to climate resilience**, and the **importance of sustainable agriculture in the Indian context**. We also highlighted the **conservation practices followed at CIKS**, which have been instrumental in safeguarding traditional rice varieties for future generations.

The session concluded with an **interactive session**, where students actively participated and raised thoughtful questions. The college expressed its appreciation by presenting a **memento**. This lecture provided a valuable platform to create awareness among students on the significance of traditional rice varieties and the broader aspects of sustainable agriculture.



